

# SAFETY ACTION PLAN

ACTIVITY: AXE THROWING  
LOCATION: BEHIND THE GYM

## GROUP LEADER...

- ➡ Group leader to run after being trained by TS Instructor
- ➡ Disclose relevant medical conditions
- ➡ Fulfil responsibilities in SAP below
- ➡ Responsible for overall group management

## PARTICIPANTS...

- ➡ Footwear

## INSTRUCTOR...

- ➡ Pass internal training and assessment program
- ➡ Current first aid certificate

## RESTRICTIONS

Age: 8 years and older

RATIOS (not including instructor)

1 adult : 12 students

| What could go wrong?<br>'The potential harm'  | What would cause it to go wrong?<br>'The hazard'                                                                                                                                                                                                                                                                      | How could we prevent it from going wrong?<br>'The mitigation'                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Responsibility of?                                                                                                                                          | When will it be done?                                                                                     | Emergency Plan                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|-----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Death/Serious Injury<br>(Hit by axe)          | <ul style="list-style-type: none"> <li>- Inadequate instruction</li> <li>- Failure to follow instruction</li> <li>- Bystanders in front of thrower</li> <li>- Throwers throwing axes in direction of bystanders</li> <li>- Extreme environmental event (Flooding, Earthquakes, Lightning &amp; High Winds)</li> </ul> | <ul style="list-style-type: none"> <li>- Instructors are suitably qualified</li> <li>- Clear instructions are given</li> <li>- Listen attentively and follow instructions</li> <li>- Position targets so no one will walk behind them</li> <li>- Everyone must be standing or seated behind Throwers</li> <li>- No one is to go past the Thrower until all axes are thrown</li> <li>- Throw the axes towards clear targets at all times</li> <li>- Facilitator to stand behind the thrower</li> <li>- Move to emergency meeting area</li> </ul> | <p>TSCC<br/>TS instructor<br/>Participants + Group Leaders</p> <p>Group Leaders<br/>Group Leaders<br/>Participants + Group Leaders</p> <p>TS instructor</p> | <p>Before</p> <p>Before</p> <p>Beginning &amp; During</p> <p>During</p> <p>During</p> <p>In the event</p> | <p><i>Suspected major injury</i></p> <ul style="list-style-type: none"> <li>- All to vacate area</li> <li>- Group leader to coordinate first aid</li> <li>- Group leader to arrange for ambulance or extra assistance</li> <li>- Inform host of incident immediately and fill out appropriate forms</li> <li>- Assess if activity can continue</li> </ul> <p><i>Other/ Minor Injury</i></p> <ul style="list-style-type: none"> <li>- Group leader to administer first aid</li> </ul> |
| Bumps, Bruises, Scrapes, Strains, Sprains     | <ul style="list-style-type: none"> <li>- Incorrect throwing</li> <li>- Dropping Axe</li> <li>- Touching blade</li> </ul>                                                                                                                                                                                              | <ul style="list-style-type: none"> <li>- Clear demonstration of technique</li> <li>- Wear shoes.</li> <li>- Inform participants of sharp edge.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                       | Group Leaders                                                                                                                                               | Before                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Equipment Damage                              | <ul style="list-style-type: none"> <li>- Gear getting left out</li> <li>- Dropping axe.</li> <li>- Incorrect axe removal.</li> <li>- Target deterioration.</li> </ul>                                                                                                                                                 | <ul style="list-style-type: none"> <li>- Put away at the end of the day.</li> <li>- Correct maintenance after use.</li> <li>- Clear instructions/demonstration of technique.</li> <li>- Monitor and perform maintenance as required.</li> </ul>                                                                                                                                                                                                                                                                                                 | <p>TS instructor<br/>Group leader</p> <p>Participants + Group leaders</p>                                                                                   | <p>Before</p> <p>After</p> <p>During</p>                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Exposure to elements (sun, wind, temperature) | <ul style="list-style-type: none"> <li>- Long periods out in the sun or wind and rain without correct clothes</li> </ul>                                                                                                                                                                                              | <ul style="list-style-type: none"> <li>- Move to an indoor Activity during "bad weather"</li> <li>- Ensure the group has adequate clothing</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                           | <p>TS instructor</p> <p>Participants + Group leaders</p>                                                                                                    | <p>Before</p> <p>Before &amp; During</p>                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Psychological harm                            | <ul style="list-style-type: none"> <li>- Being bullied or forced to participate</li> </ul>                                                                                                                                                                                                                            | <ul style="list-style-type: none"> <li>- Challenge by choice</li> <li>- Group encouragement</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                          | <p>TS instructor<br/>Participants + GL</p>                                                                                                                  | During                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

Please note: The instructor may cancel this activity at any time if conditions outlined in this SAP are not able to be achieved or maintained. *Serious hazards are highlighted*